



# SEPTEMBER, 2009 NEWSLETTER

## WELCOME BACK!

### LUNCH HOUR

**ATTENTION ALL STUDENTS AND PARENTS:**  
STUDENTS WHO ARE STAYING FOR LUNCH ARE NOT ALLOWED  
TO LEAVE THE SCHOOL GROUNDS.

**THIS INCLUDES CROSSING RIVER ROAD  
TO GO TO THE COOP**

### MESSAGE FROM ADMINISTRATION

Welcome Back!

We are underway on a new year at EAMS.

I have asked the students to look after three things this year – them selves, others and the place they are.

To look after themselves students have to be aware of the H1N1 threat and follow proper coughing and hand washing procedures. We have placed reminders around the school. Another way to look after themselves is to inform the office if anyone is bothering them in a consistent way. We want students to have a safe and happy year. We are here to help solve problems if necessary. A third way and this is long term and not always obvious to students, is to do their homework and study hard – the better foundation and habits prepared now will benefit them in the future.

Students can help look after others by being friendly and polite. The staff is committed to providing a good education and safe learning place. Students who work at getting along and being respectful to all others make our school a very comfortable place. Good manners never go amiss!

Students can look after the place they are by respecting the school and all school division property. Be careful with their own equipment and the schools, and let us know if there is a problem. This holds true for the building and the buses. We ask students for restitution if damage is done wilfully, but again we would rather have a safe place than one we have to repair.

I do look forward to another good year at EAMS!

Mr. Goodale

### CALENDAR 2009

Sept 10 (Thurs) - Cross Country sign-up for Grades 5 - 8 at the Office.

Sept. 14 & 15 - Volleyball sign up for Grades 7 & 8 at the Office.

Sept 14-18 - Coins for Cancer

Sept. 14 (Mon) - Mass Student "Terry Fox" Walk.

Sept 29 (Tue) - **PICTURE DAY**

Sept. 29 (Tues) - Home & School Assoc. Meeting at 7:00 p.m.

Oct 2 (Fri) - Division P.D.  
**NO SCHOOL**

Oct 12 (Mon) - Thanksgiving  
**NO SCHOOL**

Oct 23 (Fri) - S.A.G. Inservice Day  
**NO SCHOOL**

Nov. 11 (Wed) - Remembrance Day  
**NO SCHOOL**

Nov 12 (Thurs) - Student-Led Conferences 5:30 - 8:00 p.m.

Nov 13 (Fri) - Student-Led Conferences 10:00– 1:00 p.m.

Dec. 18 (Fri) -Last Day of Term 1

### PICTURE DAY

Tuesday, September 29th - A.M.

Order of pictures:

5Di	5Gu	5Ke	5S6
6Co	6Cr	LAC	JLS
6T7	7DV	7Lu	7Me
8Hi	8Kl	8To	SLP



### H1N1 INFORMATION

Attached is some important information issued by the Manitoba Government Department of Health regarding the H1N1 Influenza .

Please read this information carefully and should you require any further information please access the Portage la Prairie School Division website at: [www.plpsd.mb.ca](http://www.plpsd.mb.ca) and follow the links.

Our School's policy will be that if a child is sick, the parents will be notified to pick up their child and keep them home until he/she has recovered.

**If your child is suspected of, or has been diagnosed with the H1N1 virus, please notify the school immediately.**

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# NEWS FROM THE GYM

## CROSS COUNTRY

Calling all Grade 5 - 8 students! Get your running shoes warmed up! Sign-up started this week in the office. The deadline for sign-up was Friday the September 11th.

Grade 5 & 6 's will run a 2K race and Grade 7 & 8's will run a 3K race.

Race dates are Tuesdays, **September 22nd, September 29th and October 6th.**

Practices are over the lunch hour on Mondays and Thursdays. Runners need to bring their lunch, outdoor runners, and gym clothes.

Permission forms will go home this week.

## VOLLEYBALL

Volleyball for Grades 7 & 8 starts soon!

If you are interested in trying out, please sign up in the Office on Monday or Tuesday, **September 14th & 15th.**

Try-outs will be held after school starting on Wednesday. Listen to announcements for try-out times.

**Come out for fun and fitness!**

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## MANITOBA MILK

We will be selling milk (white or chocolate) each day from the canteen area - **75 cents.**, starting on September 21st.

Manitoba Milk Producers and Miss Smith will once again start the Milk Draw in October.

Students purchasing milk from the canteen receive a scratch ticket for the opportunity to win "cool" milk prizes.

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## LUNCH PROGRAM

We will again be having a formal canteen this year. Letters explaining the lunch policy will be sent home with students recently and a copy of the canteen menu is attached.

All **Pre-paid** orders must be sent to the canteen by 9:30 a.m. The start date for the canteen will be **Monday, September 21st.**

## COINS FOR CANCER

Our school will be collecting "**Coins for Cancer**" starting Monday September 14th. until Friday September 18th. Each day of the week has a designated coin for donations with all proceeds going to the Terry Fox Foundation. Coins will be collected from each class at 9:00 am and 1:00 pm

**Monday - Nickels**

**Tuesday - Dimes**

**Wednesday - Quarters**

**Thursday - Loonies**

**Friday - Toonies**

We will also be doing a mass school walk from EAMS on Tuesday afternoon, September 15th.

Miss Smith

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## SWIMMING PROGRAM

Our school has a swimming program for Grade 5 & 6 students as part of the Physical Education program.

All students are expected to swim **16** times throughout the year. The classes will swim twice a week for 8 months.

A permission form and swim schedule will be coming home before October.

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## INTRAMURALS

Day 1	Grade 5	Mr. Rosset
Day 2	Grade 6	Mr. Crevier
Day 3	Grade 8	Mr. Rosset
Day 4	No Intramurals	
Day 5	Grade 7	Mr. Crevier
Day 6	No Intramurals	

## **CALENDAR 2010**

Jan. 4 ((Mon) - First Day of Term 2.

Feb. 1 - 5 Kindergarten Registration

Feb. 11 (Thurs) - Student-Led Conferences 5:30 - 8:00 p.m.

Feb. 12 (Fri) - Student-Led Conferences 10:00- 1:00 p.m.

Feb. 15 (Mon) - Louis Riel Day **NO SCHOOL**

Feb. 26 (Fri) - Division P.D. **NO SCHOOL**

**March 8 - 12 Spring Break PORTAGE DIVISION ONLY SCHOOLS CLOSED**

Apr. 10 - GOOD FRIDAY **NO SCHOOL**

**Apr. 17 (Fri) - School Based P.D. Day NO SCHOOL**

**May 18 - VICTORIA DAY NO SCHOOL**

June 26(Fri) - Last Day of School for Students

## EMERGENCY DRILLS

Throughout the school year we will be holding a number of drills to familiarize students with procedures to follow in the event of an actual emergency. These will include fire drills, lockdown drills and an evacuation drill over to École Crescent-view School.

Should there be a real emergency, Mr. Goodale will inform parents of the incident in a letter.

## **GRADE 7 & 8** **INDUSTRIAL ARTS**

Once again , Grade 7 & 8 students will be bussed to La Verendrye School for Industrial Art classes with Mr. Oswald.

Classes having Industrial Arts the first period in the morning are to be at École Arthur Meighen School by 8:45 a.m. and by 12:50 in the afternoon as the school bus will leave at that time to transport students to La Verendrye School.

## **EAMS CLASS SCHEDULE**

8:55 a.m.	All Students in Homerooms
9:00 a.m.	Morning Announcements O Canada
9:03 a.m.	Classes begin
10:21 - 10:32	Recess
11:48 a.m.	Lunch Dismissal
12:40 p.m.	Lunch Recess ends
12:45 p.m.	All Students in Homerooms
12:48 p.m.	Classes Begin
2:02 - 2:12	Recess
3:25 p.m.	All students in Homerooms for Agenda time
3:30 p.m.	Dismissal

## **STUDENT SUPPORT GROUP**

### **WE'RE OFF TO AN EARLY START!**

The interviews regarding the Student Support Group will be taking place shortly.

The students selected will have to agree to:

- Attend meetings one noon hour each cycle
- Attend the retreats
- Must be a good role-model (with the understanding that no one is perfect)
- Fulfill the commitments that they agree to
- Must have a strong desire to make our school a place where everyone feels a part of and valued
- Must complete the year as an SSG

This year the training retreats will be held on Oct. 15 & 16 and Feb. 18 & 19.

## **RAINBOWS GROUPS MAKE A DIFFERENCE**

It is the time of year to get our Rainbows Groups organized. These groups are for students who have suffered a loss due to a death in the family or are living in a single-parent family or step-family. It gives the students an opportunity to meet and talk with others who will understand them because of having similar experiences. Each group has a trained teacher-facilitator who will guide the group through a series of topics that will help students deal with their feelings and at the same time build their self-esteem.

We encourage you to consider this program for your child. The loss does not have to be recent as often things that were not an issue before become an issue during adolescence. Group sharing is kept in confidence by all involved. If you would like more information please contact Mrs. Trudy Chappellaz, Counsellor at our school. An information package has been made available to the students.

## **SCHOOL INSURANCE**

This year, all students are covered under a universal insurance plan. This plan covers your child during school hours only and functions i.e.: field trips.

**Important** This does not replace the **Reliable Insurance Plan** which has been offered to all students in the past. If you wish to use Reliable Insurance for the 2009-2010 year please pick up an application at the office. The Reliable Insurance covers your child 24 hours, 7 days a week for the school year.

ECOLE ARTHUR  
MEIGHEN SCHOOL

201 River Road  
Portage la Prairie, MB  
R1N 3W2

Phone: 204-857-3405  
Fax: 204-239-5943

Our Website is:  
[www.plpsd.mb.ca/eams](http://www.plpsd.mb.ca/eams)



## IMPORTANT TRAFFIC FLOW NOTICE

We appreciate everyone's cooperation with the Student Drop-Off at the south end of the school. Please do not park there. When dropping off or picking up pull ahead as much as possible.

### ALSO:

Students are welcome to ride their bikes to school but are reminded to stay off the bus loop. Students should also **NOT** ride their bikes through the parking lot as there is too much traffic. Students who are meeting their parents at ECVS need to walk around the back of the ECVS building and not walk through the Staff parking lot.

E.A.M.S bus students should stay on the bus rather than getting off at École Crescent-view School in the morning. They should also board the bus at École Arthur Meighen School at 3:30 p.m. rather than walking to E.C.V.S.

We want all our students to be safe and would appreciate everyone's cooperation with this.

Thank you.

## COMMUNITY EVENTS

### JOIN THE PORTAGE STAMPEDERS SPECIAL OLYMPICS TEAM

Practices are held every Tuesday evening from 7:00 - 8:00 pm, commencing Tuesday, September 22nd, 2009 in the Gym at Ecole Arthur Meighen School.

Athletes with an intellectual disability have the opportunity to develop new skills, train, compete **HAVE FUN!**

If you would like more information, or are interested in volunteering, please call: Cathy Holmes at 243-2068.

### CHILDRENS WISH FOUNDATION (25 years of bringing wishes to life!)

Are holding their 1st ANNUAL ROAST PORK BBQ on Friday, September 18th from 5:00 - 7:00 p.m. at the Good Shepherd Parish Hall, 1125 Saskatchewan Avenue East.

Adults \$15 / Seniors \$10 / Children \$7.50  
For tickets, please call Rose at 857-5492  
Come and enjoy a delicious buffet-style meal which includes roast pork, apple sauce, potato salad, baked beans, buns and butter, coleslaw and dessert!

### PROFESSIONAL ACTING CLASSES AGES 14 TO ADULT

The Portage Arts centre is 9 week course on Monday evenings from September 28 - November 30.

Prepare yourself for Stage, TV or Film.  
Personal audition DVD upon completion.  
For more information call the Portage Arts Centre at 239-6029 or visit their website at [www.portageartscentre.ca/programs](http://www.portageartscentre.ca/programs)

**Rainbow Auction  
10 tickets for \$5**

Please give these children your support!

### **Junior Trojan Youth Basketball Registration**

**Boys / Girls, Ages 5 - 13**

**West PCI Gym**

**Sept. 13, 20 & 27th 5:00 to 7:00 p.m.**

**\$75.00 per Youth**

**Information Contact: 857-6276**