

# FORT LA REINE SCHOOL



# THE FAIR PLAY PROGRAM



The Fair Play Program at Fort la Reine School has been designed as a positive attempt at teaching students ways to understand the origins and consequences of intentionally aggressive behaviors associated with the occurrences of bullying, teasing and social ostracization. It is based on the idea that education is the best tool by which such behaviors can be prevented and/or brought under control.

At Fort la Reine School, we have a strict "Hands Off" policy. This means that students are not to have physical contact with any other students at any time. This includes punching, slapping, shoving, tripping, biting, body checking, or any other form of intentionally aggressive behavior. In addition, we follow a strict code of social behavior that prohibits any form of teasing, intimidation, or ostracization.

All students at our school are repeatedly reminded through daily activities and regular assemblies, that we are a school where everyone looks after each other. Staff look after students, students look after staff, and students look after each other. This is an attitude that we hope will be carried forward to our school community.

To encourage these behaviors of caring and responsibility within the Fair Play Program, Fort la Reine School has instituted an incentive system known as our "green ticket" or "School Spirit" draws. Through this system, students are awarded green school spirit tickets every time they are observed exhibiting a behavior that a staff member considers to be indicative of the attitudes of caring and responsibility we are trying to instill at Fort la Reine School. Actions or behaviors such as keeping our school yard clean, supporting a student who is being teased, or showing initiative in organizing school and community events are all valid activities for which a School Spirit ticket is awarded. The emphasis is not solely on school activities because we wish to impress upon our students that we are part of much larger groups in our community. Each green ticket earned by a student is dropped in a box for our School Spirit draws. There are three types of school spirit draws:

1. Daily Morning Draws - Each morning at the end of the announcements a green spirit ticket is drawn and a prize such as a free popcorn voucher, pencil, pencil case, etc. is awarded to that individual. This draw is to help encourage student attendance and reduce the number of students who are late to school. The prize is awarded as long as that student is present at school and was not late.
2. End of the Month Assemblies – At the conclusion of each month's assembly a green spirit ticket is drawn and a prize of a video/game rental, popcorn and drink is awarded.
3. 4 Major Prize Draws – Throughout the school year during our monthly assemblies, we also have 4 major prize draws: in September – a MP3 player, in January - a ghetto blaster, in March - a mini home stereo system, and on our Awards Day in June - a mountain bike.

Students who exhibit behaviors or actions that are considered serious breaches of our school spirit philosophy are removed from the green ticket system and excluded from the draws. When the students begin to demonstrate the attitudes of caring and responsibility they are then eligible to be entered in the school spirit draws.

Every staff member at Fort la Reine School has a supply of green tickets and every staff member can award a green ticket to any student. Our only restrictions on staff members are that they are not to award green tickets to a student for doing things that are part of our normal, everyday expectations for that student, and that they not award tickets to students for actions or behaviors of which the student informs that staff member. The actions or behaviors must be noticed by the staff member independently, or by being told by another student who has not been influenced to do so by the student receiving the green ticket.

**Grade:** *Kindergarten*

**Topic:** *Sharing*

**Student Resource:** Rosie and Michael (Judith Viorst) - Library  
Bernstein Bears Get In A Fight

**Staff Resource:** Teaching Friendship Skills - Primary (*Guidance Office*) (pg. 47 - People like you better when you are nice to them.)  
Teaching Friendship Skills - Primary (*Guidance Office*) (pg. 41 - Hatch a Friendly Dinosaur)  
Teaching Friendship Skills - (*Guidance Office*) (pg. 63 (77-91) - Role Play Negative Behaviors Using Puppets)

**Topic:** *Introduction to Bullying Behaviours*

**Staff Resource:** Sunburst Video - 10 Things to do instead of Hitting

**Grade: 1**

**Topic: *Sharing***

**Student Resource:** King of the Playground (Phyllis Reynolds Naylor)  
Best Friends (Steven Kellogg)  
I Like Me by Nancy Carlson  
Bernstein Bears Get In a Fight by Stan & Jan Bernstein

**Staff Resource:** The Secret to Making Friends  
Making Others Feel Special  
Teaching Friendship Skills Primary Version

**Topic: *Honesty***

**Student Resource:** Liar, Liar, Pants On Fire by Miriam Cohen  
Mike Mulligan and His Steam Shovel by Virginia Lee Burston

**Topic: *Problem Solving***

**Student Resource:** Bernstein Bears Get In A Fight  
Best Friends by Miriam Cohen  
My Name is Not Dummy (Elizabeth Crary)  
Arthur's April Fool (Marc Brown)  
Being Bullied (Kate Petty & Charlotte Fermin)  
Frog & Toad Are Friends (Arnold Lobel) Gr. 1 (Library)

**Staff Resource:** Impulse Control - Second Step Program  
Video - Sunburst "Getting Better At Getting Along"  
Video - We Can Work It Out

**Topic: *Inclusion***

**Student Resource:** Willy and Hugh (Anthony Browne ) Gr. 1 Library  
Dandelion (Dan Freeman) - YQS  
I Hate My Name (Eva Grant) - EPCS  
I Miss Franklin (P. Shuckles) (Vlana Snihura)  
The Mixed Up Chameleon by Eric Carle  
Will I Have A Friend by Miriam Cohen  
Mitchell is Moving by Mangarie Shavmat  
A Rainbow of Friends by P.K. Hallinan  
Oliver Button Is A Sissy by Tomie de Paola

**Staff Resource:** Behaviors That Help Kids Have Friends (pg 17 -37)  
Being A Put Downer Makes You Hard to Like (pg. 135)  
Teaching Friendship Skills - Primary (*Guidance Office*)  
Teaching Friendship Skills - Primary

**Topic: *Introduction to Bullying Behaviours***

**Staff Resource:** Bullying Behavior & How To Deal With It  
Video - No More Teasing (Sunburst)

**Topic: *Caring Others***

**Student Resource:** No Good In Art by Miriam Cohen  
Timothy Goes To School by Rosemary wells  
That's What A Friend Is by P.K. Hallinan  
First Grade Takes A Test (Mariam Cohen) - Library  
George & Martha (James Marshall) - Library  
Frog & Toad All Year (Arnold Lobel) Gr. 1 (Library)  
Little Bear's Friend (Else Holmelund Minarik) Gr. 1 (Library)  
Best Friends (Steven Kellogg)

**Staff Resource:** Video - No More Teasing  
Video - The Most Important Person Is Me "Getting Along With Others"  
Video - A Kid: Guide to Friendship  
Give A Little Help When You Can! (pg 259)  
Teaching Friendship Skills - Primary  
Fuzzy - Grams (pg. 297)  
How To Give A Compliment (pg. 271)

**Topic: *Responsibility For Actions and Emotions***

**Student Resource:** George and Martha "One Fine Day"  
George and Martha "Rise and Shine"  
Ira Sleeps Over by Bernard Waber  
The Quarreling Book (Charlotte Zolotow)  
How To Lose All Your Friends (Nancy Carlson)  
I Never Win! (Judy Delton)

**Staff Resource:** Video - A Rainbow of Feeling  
Video - Feelings: Glad, Mad, Sad  
Video - All About Anger  
Video - I Can Do It: Take Responsibility  
Teaching Friendship Skills  
Behaviors That Keep Kids From Having Friends (pg. 59-75)  
Emotional Intelligence - Daniel Coleman  
Aggression Replacement Training - Goldstein Glick Gibbs

**Topic: *Turn Taking***

**Student Resource:** Bernstein Bears Get In A Fight

**Staff Resource:** The Secret to Making Friends (page 175)  
Teaching Friendship Skills

**Topic: *Self Esteem***

**Student Resource:** Anna Banana & Me (Lenore Blegvad) Gr. 1-2 (PCS)  
Arthur's Nose (Marc Tolan Brown) Gr. 1-2 (VIC, YQS, LVS)  
Sometimes I Don't Like School (Paula Z. Hogan) Gr. 1-2 (LVS)  
Superduper Teddy (Johanna Hurwitz) Gr. 1-2 (CVS)  
What If The Teacher Calls On Me? (Alan Gross) Gr. 1-2 (NMS)  
Don't Feed The Monster on Tuesdays (Adolph Moser) Gr. 1

**Staff Resource:** Esteem Builders (M. Barba (PERC)  
Project self-esteem (S. McDaniel & A. Fisher) (PERC)  
Self-Esteem (M. McKay & P. Fanning) (AMHS)

**Parent Resource:** The Hurried Child (D. Elkind) (PCI)

**Grade: 2**

**Topic: *Responsibility For Actions and Emotions***

**Student Resource:** George and Martha "One Fine Day"  
George and Martha "Rise and Shine"  
Ira Sleeps Over by Bernard Waber  
The Quarreling Book (Charlotte Zolotow)

**Staff Resource:** Video - A Rainbow of Feeling  
Video - Feelings: Glad, Mad, Sad  
Video - All About Anger  
Video - I Can Do It: Take Responsibility

**Topic: *Sharing***

**Student Resource:** I Like Me by Nancy Carlson  
Bernstein Bears Get In a Fight by Stan & Jan Bernstein

**Topic: *Self Esteem***

**Student Resource:** I Like Me  
Anna Banana & Me (Lenore Blegvad) Gr. 1-2 (PCS)  
Arthur's Nose (Marc Tolan Brown) Gr. 1-2 (VIC, YQS, LVS)  
Sometimes I Don't Like School (Paula Z. Hogan) Gr. 1-2 (LVS)  
Superduper Teddy (Johanna Hurwitz) Gr. 1-2 (CVS)  
What If The Teacher Calls On Me? (Alan Gross) Gr. 1-2 (NMS)  
The Children's Book of Virtues (William J. Bennett) Gr. 2 (pg. 9-30)  
No Good In Art (Mariam Cohen) Gr. 2 (Library)

**Staff Resource:** Esteem Builders (M. Barba) (PERC)  
Project self-esteem (S. McDaniel & A. Fisher) (PERC)  
Self-Esteem (M. McKay & P. Fanning) (AMHS)

**Parent Resource:** The Hurried Child (D. Elkind) (PCI)

**Topic: *Caring Others***

**Student Resource:** First Grade Takes A Test (Mariam Cohen) (Library)  
George & Martha (James Marshall)  
Frog & Toad Together (Arnold Lobel) Gr. 2 (Library)

**Topic: *Problem Solving***

**Student Resource:** My Name Is Not Dummy (Elizabeth Crary)  
Arthur's April Fool (Marc Brown)  
Being Bullied (Kate Petty & Charlotte Fermin)  
A Toad For Tuesday (Russell E. Erickson) Gr. 2 (Library)

**Topic: *Turn Taking***

**Student Resource:** Bernstein Bears Get In A Fight

**Topic: *Honesty***

**Student Resource:** Liar, Liar, Pants On Fire by Mariam Cohen  
Mike Mulligan and His Steam Shovel by Virginia Lee Burston

**Topic: *Introduction to Bullying Behaviours***

**Staff Resource:** How I Learned Not To Be Bullied

**Grade: 3, 4, 5**

**Topic: *Inclusion***

**Student Resource:** A Girl Called Al by Constance Greene (Gr. 3)  
 The Cricket In Times Square by Georg Selden (Gr. 3)  
 Chrysanthemum by Kevin Henkes (Gr. 3)  
 Best Friends For Frances by Russell Hoban (Gr. 3)  
 Love, From the Fifth Grade Celebrity by Patricia Reilly Giff (Gr.4 level) Library  
 Charlotte's Webb by E.B. White Gr. 3 & 4 (Library)  
 (Pg. 19-55) Deciding What's Important In A Friend Lesson 1 - Teaching Friendship Skills  
 (Intermediate) Gr. 3,4,5,6

**Topic: *Empathy 1***

**Student Resource:** The Sandwich by Ian Wallace & Angela Wood (Gr. 3)  
 The Sign of the Beaver by Elizabeth George Speare (Gr. 5) (Library)  
 The Hundred Dresses by Eleanor Estes (Library)  
 Chrysanthemum by Kevin Henkes (Gr. 3)  
 Ira Says Good-bye by Bernard Waber (Gr. 3)

**Staff Resource:** Emotional Intelligence by Daniel Goleman  
 Page 135 Being a Put Downer Makes You Hard To Like - Teaching Friendship Skills Gr. 3

**Topic: *Fairness***

**Staff Resource:** Page 263 Fairness is..... - Teaching Friendship Skills (Gr. 3)

**Topic: *Social Rules (Conformity)***

**Student Resource:** The Hundred Dresses by Eleanor Estes  
 Henry and the Paper Route by Beverly Cleary (Gr. 4&5) (Library)  
 Shoe Shine Girl by Leigh Grant (Gr. 5)

**Staff Resource:** Lesson 6 Making A New Friend - Teaching Friendship Skills (Int.) P. 291-343  
 Lesson 7 Being A Good Friend Isn't Always That Easy - "" "" "" "" P. 345- 401  
**Game** - Be A Chum Not A Chump "" "" "" "" P. 539-545  
**Game** - The Friendship Facts Game "" "" "" "" P. 547-551  
**Handout** - Teaching Friendship Skills - Page 513-515 and Page 517-519  
 Behaviors That Put A Wall Between you & Other Kids - Teaching Friendship Skills -  
 Primary - Page 93 (Grade 3)  
 Feeling Good About Yourself (Good Apple)

**Topic: *Self-Esteem Gr. 3, 4, 5***

**Student Resource:** Stick Up For Yourself by Gerhsen Kaugman (**Gr. 5&6**)  
Charlotte's Webb by E.B. White (**Gr. 3&4**) Library

**Staff Resource:** Building Self-Esteem In The Classroom (Intermediate)  
**Video** - Self confidence - Step by Step  
Giving & Receiving Compliments - Teaching Friendship Skills (Int.) pg. 233-289  
Feeling Good About Yourself (Good Apple)  
Positive Action - Media Watch

**Parent Resource:** Building Self Esteem In the Classroom (Intermediate Page 119-125)  
Positive Action (handout pages for parents) Media Watch

**Topic: *Responsibility For Actions And Emotions II - Gr. 3, 4, 5***

**Student Resource:** Don't Pop Your Cork on Monday by Adolph Mosen (**Guidance Office**)  
Don't Rant & Rave on Wednesday by Adolph Mosen (**Guidance Office**)  
Secret of the Peaceful Warrior by Dan Millman (**Guidance Office**)

**Staff Resource:** Feeling Good About Yourself by Debbie Pincus (**Guidance Office**)  
Emotional Intelligence by Daniel Goleman  
Aggression Replacement Training by Goldstein-Glick-Gibbs  
Lesson 2 - Behaviours That Hurt Friendships -Teaching Friendship Skills (Int.) pg. 57-127  
**Video** - When Anger Turns To Rage  
**Video** - Yes, No, Maybe - Decision Making Skills  
The Bullying Prevention Handbook  
Positive Action  
Media Watch

**Parent Resource:** The Incredible years by Carolyn Webster Stratton  
**Handouts** - Positive Action  
Media Watch

**Topic: *Compassion - Gr. 3, 4, 5***

**Student Resource:** The Children's Book of Virtues by W. Bennett (Gr.5) pg. 63-82  
The Noonday Friends by Mary Stolz (Gr. 5) Library  
Blubber by Judy Blume (Gr. 4) Library  
Nobody's Perfect by Norma Simon (Gr.3) (LVS)

**Staff Resource:** Teaching Friendship Skills - Primary

**Topic: *Compassion and Empathy 1 - Gr. 3, 4, 5, 6***

**Staff Resource:**     ***Creating Caring Communities Through Empathy & Taking A Stand*** -Bullyproofing Your School "The Middle Years" - (pg. 27-30, 46, 48 & 49)  
***Lessons 3 & 4*** - Teaching Friendship Skills "Intermediate" - (pg. 129-231, 593, 594)  
***A Wish For A Friend*** - Teaching Friendship Skills "Intermediate"- (pg. 474-475)  
***Noticing What A Friend Did*** - Teaching Friendship Skills "Inter." - (pg. 495-496)

**Topic: *Introduction to Bullying Behaviours - Gr. 4, 5, 6***

**Staff Resource:**     ***Purpose of the Bullying (FairPlay) Program*** -Bullyproofing Your School "The Middle Years" by Marla Bonds & Sally Stoker (pg. 9)  
***Categories Of A Bully*** - Bullyproofing Your School "The Middle Years" by Marla Bonds & Sally Stoker (pg. 10, 11, 37)  
***Reasons Why Students Bully Others*** - Bullyproofing Your School "The Middle Years" by Marla Bonds & Sally Stoker (pg. 11)  
***Comparison: Normal Conflict vs Bullying*** - Bullyproofing Your School "The Middle Years" by Marla Bonds & Sally Stoker (pg. 12 & 38)  
***Identifying Characteristics of A Victim*** - Bullyproofing Your School "The Middle Years" by Marla Bonds & Sally Stoker (pg. 13)  
***Emotional Consequences Of A Victim*** - Bullyproofing Your School "The Middle Years" by Marla Bonds & Sally Stoker (pg. 13)  
***Teasing: Friendly vs Hurtful*** - Bullyproofing Your School "The Middle Years" by Marla Bonds & Sally Stoker (pg. 19, 41, 42)  
***Strategies to Avoid Being A Victim*** - Bullyproofing Your School "The Middle Years" by Marla Bonds & Sally Stoker (pg. 23-26, 43-45)

**Grade: 6**

**Topic: *Empathy II***

**Student Resource:** The Bully of Burkham Street by Mark Stolz  
The Secret Garden by Frances Hodgson Burnett (Library)  
The Hundred Dresses by Eleanor Estel (Library)

**Staff Resource:** Emotional Intelligence by Daniel Goleman  
Building Respect & Responsibility (National Education Service)

**Topic: *Compromising***

**Student Resource:** The Bully of Burkham Street by Mark Stolz  
Reluctantly Alice by Phylis Reynolds Naylor (Library)  
The 18<sup>th</sup> Emergency by Betsy Byars (Library)

**Staff Resource:** **Video** - Conflict Resolution Skills

**Parent Resource:** How to Handle Bullies, Teasers & Other Meanies by Kate Cohen-Posey  
Troubled Families Problem Children by Carolyn Webster Stratton

**Topic: *Cooperation***

**Student Resource:** Who Do You Think You Are? By Darlene McCampbell

**Staff Resource:** Emotional Intelligence by Daniel Goleman  
Positive Measures by Carol MacWilliams

**Parent Resource:** Troubled Families Problem Children by Carolyn Webster Stratton

## **Awarding Green Tickets**

1. There will be a Play Fair can in each class. This can will be emptied into main can in office each month.
2. Students will receive teacher permission to deposit green ticket in Play Fair can.
3. If a student displays inappropriate behavior, the student will be removed from the next green spirit ticket draw.
4. When a student who has been removed from the green spirit ticket draws begins to demonstrate the attitudes of caring and responsibility they are then eligible to be entered in the school spirit draws.
5. LAC teachers will be responsible for LAC students' green tickets.

## General Resources

Stones, Rosemary. **Don't Pick On Me. How to Handle Bullying.** Discusses why some people bully, why others are bullied, and what you can do about it. Fifty real-life stories show how other have dealt with bullying.

Lewmour, Sambhava & Josette. **Everyone Wins!** Packed with over 150 cooperative games and activities selected to help children resolve conflict, enhance communication build self-esteem, laugh with each other, and have fun.

Alexiou, Chris. **The Problem Solver.** Story cards and reproducible worksheets to help students find ways to solve problems without fighting.

Brownlie, Fay and Judith King. **Learning in Safe Schools.** Explores concrete ways for creating classroom cultures that promote belongingness, and thus safety.

Rigby, Ken. **Bullying In Schools.** Evaluates some proven strategies and outlines effective ways schools can diffuse potentially troublesome situations.

Adams, Hetty. **Peace In The Classroom.** A complete peace education program, organized into six thematic units: acceptance of others, the importance of friendship, improving communications skills, expressing-not exposing-emotions, conflict resolution strategies, and, finally ideas for a school wide peace festival.

Brookman, Beverly. **Names Will Never Hurt Me.** Addresses the bullying issue and offers a comprehensive unit to help teachers "bullyproof" their students and create a climate in which bullying is simply not O.K.

Prutzman, Priscilla Etal. **The Friendly Classroom for a Small Planet.** Believing that creative response to conflict requires more than conflict resolution skills, this book addresses the roots of conflict and violence, offering teachers, group leaders, and parents perspectives, techniques and tools developed and refined in a wide variety of settings.

Levin, Diane. **Teaching Young Children in Violent Times.** A K-3 resource that helps you create a classroom where children learn peaceful alternatives to the violent behaviors modeled for them in the media and beyond.

Hill, Linda. **Connecting Kids.** Prevents social problems such as exclusion, intolerance, and bullying by guiding children to connect in the welcoming ways.

# Suggested Resources on Self-Esteem

## For Primary Students

***Anna Banana and Me***, by Lenore Blegvad

**School:** *ECVS*

This story of how Anna Banana's bravery and carefree spirit holds her shy young friend in awe helps teach children about self-confidence.

***Arthur's Nose***, by Marc Tolan Brown

**School:** *YQS, LVS*

Arthur the Aardvark's unusual appearance distresses him, since he wants to look like his friends. He thinks they would like him better if he did. He learns that his nose is part of what makes him special-an individual-and he decides to keep the nose he has.

***Dandelion***, by Don Freeman

**School:** *YQS*

This book might be helpful for children who are trying to change themselves to please people who refuse to accept them as a friend.

***I Hate My Name***, by Eva Grant

**School:** *ECVS*

This book considers the problems an unusual name can cause a child. This book would be appropriate for discussions about how teasing hurts.

***I Never Win!***, by Judy Delton

**School:** *LVS*

A little boy's frustration at always losing translates into great success at the piano, because whenever Charlie loses at something he practices the piano furiously. His playing becomes his means of discovering his own worth. Children will appreciate Charlie's unexpected triumph in this beginning reader, which is also a good read-aloud selection.

***Nobody's Perfect, Not Even My Mother***, by Norma Simon

**School:** *LVS*

This book has an array of ethnically and racially varied children and adults, many shown pursuing untraditional tasks and occupations. It helps young readers understand that everyone is good at something and that even adults fall far short of perfection. Children made anxious either by their own shortcomings or by the limitations of the adults in their lives will find reassurance in the examples of grown-ups facing everyday failures and weaknesses, just as children do.

***Sometimes I Don't Like School***, by Paula Z. Hogan

**School:** *LVS*

Embarrassment about his poor performance in arithmetic clouds a young boy's feelings about school. Rather than confide in his parents or seek help, he desperately tries to avoid the situation entirely. However, an understanding teacher recognizes his need for help and extra practice. Once George admits his problem, he can and does take the steps necessary to solve it. The text is complemented and extended by colorful illustrations.

***Superduper Teddy***, by Johanna Hurwitz

**School:** *ECVS*

Teddy grows in self-confidence as he fights shyness, assumes some independence, and solves problems. Many children will find much that is familiar here.

***The Mixes-Up Chameleon***, By Eric Carle

**Location:** *PERC*

In this colorfully illustrated story of self-acceptance, the chameleon's desire to be more impressive is one any small child can share.

***What if the Teacher Calls On Me?***, by Alan Gross

**School:** *NMS*

This story presents a familiar classroom dilemma and should be a good discussion starter. Cartoon-like illustrations add humor, while the situation remains real.

## Books For Primary Students

- Bernstein, S. & Bernstein, J. (1982). *The Bernstein Bears get in a Fight*. New York: Random House.  
In this popular story, brother bear and sister bear learn that sometimes even people who love each other get in fights, and that these are normal occurrences. **Library**
- Bernstein, S. & Bernstein, J. (1993). *The Bernstein Bears and the bully*. New York: Random House.  
Sister Bear has trouble with a bully. Brother bear tries to help her learn coping strategies. The story has a positive outcome. **Library**
- Brown, M. (1990). *Arthur's April fool*. Boston: Little, Brown & Co. **LVS, ECVS, Library**  
Arthur's April Fool's surprise is almost spoiled by a bully.
- Carlson, N. (1988). *I like me*. New York: Viking. **Library**  
An appealing little book about taking care of and valuing yourself. This book would be especially helpful for victimized children.
- Carlson, N. (1997). *How to lose all your friends*. N.P.: Puffin Books. **LVS**  
An easy to read picture book that teaches without preaching to young children about the importance of interpersonal skills. Readers experience why no one cares to play with a child who won't share, bullies, never smiles, and whines.
- Cohen, M. (1987). *Liar, liar Pants on Fire*. New York: Young Yearling Books. **Library**  
A boy who is new to his class tries to fit in by bragging.
- Doleski, T. (1983). *The hurt*. Mahwah, NJ: Paulist Press. **NMS**  
What happens to a young boy who hides his feelings and hurt.
- Henkes, K. (1991). *Chrysanthemum*. New York: Greenwillow Books. **ECVS, FLR**  
A kindergarten-aged mouse is teased upon entering school because of her unusual name. The resolution is weak, but the story is engaging and builds empathy for the victim.
- Kellogg, S. (1990). *Best Friends*. New York: Dial Books for Young Readers. **NMS, YQS, ECVS**  
Many themes of friendship are covered in this wonderful story: creating fantasies to be accepted, loss of a friend, renewal of a friendship, as well as compromise and sharing.
- Naylor, P.R. & Malone, N.L. (1994). *The king of the playground*. N.p.: Aladdin Paperbacks. **ECVS**  
Kevin, with his dad's help and encouragement, learns how to overcome his fear of Sammy, the self-appointed "King of the Playground."
- Petty, K. & Firmin, C. (1991). *Being bullied*. New York: Barron's Books. **LVS, NMS**  
A young school-aged girl encounters a female bully who calls her names, teases, and scribbles on her papers. She tells her mom about her problem and she gets help from her teacher, who protects her from the bully.
- Zolotow, C. (1969). *The hating book*. New York: Harper Collins Children's Books **NMS, ECVS.**  
A little girl knew her friend hated her but she didn't know why until she finally got up courage to ask why they were being so rotten to each other.
- Zolotow, C. (1982). *The quarreling book*. New York: Harper Collins Children's Books. **Library**  
A short story about how a quarrel can grow bigger and bigger until it hurts many people. For the youngest elementary children, this book builds an understanding of how aggression can spread unless stopped. A beginning guide to empower the caring majority.

## For Teachers

- Borba, M. (1989). *Esteem Builders*. Rolling Hills Estates, CA: Jalmar Press. **PERC**
- McDaniel, S. & Fisher, A. (1990). *Project self-esteem*. Rolling Hills Estates, CA: Jalmar Press. **PERC**
- McKay, M. & Fanning, P. (1987). *Self-esteem*. New York: MJF Books. **EAMS**

## For Parents

- Elkind, D. (1986). *The Hurried Child*. Reading, MA: Addison-Wesley. **PCI**

## Suggested Resources on Self-Esteem

### Intermediate Version

#### For Teachers

- Borba, M. (1989). *Esteem builders*. Rolling Hills Estates, CA: Jalmar Press. **PERC**  
McDaniel, S. & Fisher, A. (1990). *Project self-esteem*. Rolling Hills Estates, CA: Jalmar Press. **PERC**  
McKay, M. & Fanning, P. (1987). *Self esteem*. New York: MJF Books **EAMS**

#### To Read To Students

- Levine, M. (1993). *All kinds of minds*. Cambridge, MA: Educators Publishing Services. **EAMS**

#### For Parents

- Elkind, D. (1986). *The hurried child*. Reading, MA: Addison-Wesley. **PCI**

#### Books for Intermediate Age Students

- Avi.....Romeo and Juliet Together at Last **ECVS, YQS, EAMS, PCI**  
Blume, J.....Blubber **FLR, ECVS, EAMS**  
.....Iggie's House **LVS, EAMS, YQS, ECVS, NMS**  
Bulla, C.R. ....Dexter **YQS**  
.....Shoeshine Girl **ECVS, LVS, FLR, OAK**  
Burch, R.....Almost A Hero **ECVS**  
.....Queenie Peavy **YQS, EAMS, PCI**  
Burnett, F.H.....The Secret Garden **FLR, NMS, EAMS, PCI, YQS, ECVS**  
Byars, B.....The 18<sup>th</sup> Emergency **EAMS, YQS, NMS, LVS, FLR**  
.....The Pinballs **YQS, PCI, NMS, EAMS, LVS, ECVS**  
Cohen, B.....Thank You, Jackie Robinson **EAMS**  
Estes, E.....The Hundred Dresses **LVS, FLR, EAMS, YQS**  
Gaeddert, L.A.....Your Former, Friend, Matthew **LVS**  
Garrigue, S.....Between Friends **EAMS, YQS**  
Giff, P.R.....Love, From the Fifth Grade Celebrity **FLR, YQS, ECVS**  
Greene, C.C.....A Girl Called Al **NMS, FLR, PCI**  
.....Ask Anybody **NMS**  
Hassler, J.....Four Miles to Pinecone **EAMS, LVS**  
Hermes, P.....☆Friends Are Like That **EAMS, YQS**  
Howe, J.....☆A Night Without Stars **EAMS**  
Neville, E.C.....☆It's Like This, Cat **EAMS, LVS, OAK, YQS**  
Perl, L.....Me and Fat Glenda **EAMS, ECVS**  
Prelutsky, J.....Poems of A. Nonny Mouse **YQS, NMS**  
Selden, G.....☆The Cricket in Times Square **EAMS, FLR, OAK, NMS**  
Spears, E.G.....☆The Sign of the Beaver **NMS, EAMS, FLR, LVS**  
Stolz, M.....The Noonday Friends **FLR, OAK**

## Books for Intermediate Students

- Bosch, C. (1988). ***Bully on the bus***. Seattle, WA: Parenting Press. **NMS**  
A terrific book that allows the reader to select from different options of how to handle a bully encountered on the school bus. For example, the victim can decide to fight back or to ask a friend for help by turning to different pages to learn the outcome. Children eventually read all the options, curious to find out which one proves the most effective. Many good ideas are presented for victimized children.
- Byars, B. (1981). ***The 18<sup>th</sup> emergency***. New York: Puffin Books. **Library**  
A 12 year old boy is tormented by the school bully for belittling him. His parents are of no help nor is his best friend, who is also frightened of the bully. Eventually he is beaten up by the bully.
- Estes, E. (1944). ***The hundred dresses***. New York: Harcourt Brace Jovanovich **Library**  
A Newberry Honor story that will touch hearts: about the humiliation that results from teasing amongst elementary-aged girls. A good story to empower the caring majority.
- Naylor, P. (1991). ***Reluctantly Alice***. New York: Atheneum. **Library**  
Story of a seventh grade girl who is made fun of in class, tripped in the halls, and hit by flying food in the cafeteria by another girl and her cohorts. When each student in class must select someone to interview, the girl chooses the bully. The girls eventually come to know each other better and bullying stops.
- Rochman, H. & McCampbell, D. (1993). ***Who do you think you are? Stories of friends and enemies***. Boston, MA: Little, Brown and Co. **PCI**  
A collection of short stories about friendship-being a friend, being let down, being picked on, and being cared about. A great book for enlisting the empathy of the caring majority.
- Stolz, M. (1963). ***The bully of Barkham Street***. New York: Harper Collins Children's Books. **Library**  
The main character in this story is the bully. He is a sixth grade boy who is the oldest and biggest in his classroom. His family rarely listens to him and often threatens to take away his only friend, his dog.

## Books for Kindergarten and First Grade

The following list of books would work well for reading aloud to kindergarten and first grade students. In addition, some first grade students and most second grade students could read these books themselves. The books that are starred are librarians' and children's favorites.

<b>Author</b>	<b>Book</b>	<b>Location</b>
Brandenberg, F .....	☆Leo and Emily	<i>ECVS</i>
.....	☆Nice New Neighbors	<i>EAMS, ECVS</i>
Briggs, R .....	☆The Snowman	<i>ECVS, EAMS, PERC</i>
Burningham, J. ....	The Friend	<i>LVS</i>
Carle, E. ....	Do You Want to Be My Friend?	<i>PERC, YQS, ECVS, EAMS</i>
Cohen, M. ....	☆Best Friends	<i>ECVS, FLR</i>
.....	☆Will I Have a Friend?	<i>ECVS, EAMS, YQS, FLR</i>
De Beer, H. ....	Little Polar Bear	<i>NMS, YQS</i>
De Regniers, B.S. ....	May I Bring a Friend?	<i>ECVS, YQS, EAMS</i>
Elliottare, D .....	Grover Goes to School	<i>ECVS</i>
Erickson, R. ....	Toad for Tuesday	<i>FLR, NMS</i>
Heine, H. ....	☆Friends	<i>ECVS</i>
Hoban, R. ....	☆A Bargain for Frances	<i>ECVS, YQS</i>
Howe, J. ....	I Wish I Were a Butterfly	<i>NMS, LVS, ECVS</i>
Komiako, L. ....	☆Annie Bananie	<i>ECVS</i>
Krasilovsky, P. ....	☆The Shy Little Girl	<i>NMS, YQS</i>
Lionni, L. ....	It's Mine	<i>NMS, ECVS</i>
.....	Little Blue and Little Yellow	<i>NMS</i>
.....	☆Alexander and the Wind-Up Mouse	<i>NMS, ECVS</i>
Lobel, A. ....	Days with Frog and Toad	<i>ECVS, NMS, YQS</i>
.....	Frog and Toad All Year	<i>FLR, OAK, LVS YQS, ECVS</i>
.....	☆Frog and Toad are Friends	<i>LVS, YQS, FLR, OAK, ECVS</i>
.....	☆Frog and Toad Together	<i>FLR, OAK, ECVS, LVS</i>
Marshall, E. ....	Fox and His Friends	<i>OAK</i>
Marshall, J. ....	☆George and Martha	<i>FLR, ECVS, LVS, YQS</i>
.....	George and Martha Encore	<i>ECVS, LVS</i>
.....	George and Martha One Fine Day	<i>FLR, LVS</i>
.....	George and Martha Rise and Shine	<i>FLR, LVS</i>
Minarik, E.H. ....	Little Bear's Friend	<i>ECVS, FLR, LVS</i>
Petty K. & Firmin, C. ....	Making Friends	<i>LVS</i>
Robins, J. ....	☆Addie Meets Max	<i>ECVS, LVS</i>
Sharmat, M.W. ....	☆Mitchell is Moving	<i>ECVS, FLR</i>
Steig, W. ....	☆Amos and Boris	<i>OAK, YQS</i>
Stevenson, J. ....	☆Fast Friends	<i>YQS</i>
Udry, J.M. ....	☆Let's Be Enemies	<i>ECVS</i>
Waber, B. ....	Ira Sleeps Over	<i>FLR</i>
Wells, R. ....	Timothy Goes to School	<i>FLR</i>

## Books for Kindergarten Through Third Grade

The following books are great for reading aloud to kindergarten through third grade students. In addition, some second grade and most third grade students could read these books themselves. The books that are starred are librarians' and children's favorites.

Aliki .....	☆We are Best Friends	<b>ECVS</b>
Browne, A. ....	Willy & Hugh	<b>Library</b>
Bourgeois, P .....	Franklin's New Friend	<b>Library</b>
Craig, H.....	☆The Night of the Paper Bag	<b>ECVS</b>
Delacre, L. ....	Nathan's Fishing Trip	<b>ECVS, LVS</b>
DeLuise, D .....	Charlie the Caterpillar	<b>ECVS, VIC, NMS</b>
Fleischman, S. ....	The Scarebird	<b>NMS</b>
Hallinan, P.K.....	A Rainbow of Friends	<b>LIBRARY</b>
Henkes, K. ....	Chester's Way	<b>ECVS</b>
.....	Jessica	<b>NMS, YQS, ECVS</b>
Hissey, J.....	Old Bear	<b>ECVS</b>
Hoban, R.....	☆Bet Friends for Frances	<b>LIBRARY</b>
Hoff, S.....	Who Will be My Friends?	<b>ECVS, LVS</b>
Keats, E.J. ....	☆A Letter to Amy	<b>ECVS</b>
.....	Apartment Three	<b>ECVS</b>
Kellogg, S.....	Won't Somebody Play With Me?	<b>ECVS, NMS</b>
Kessler, L .....	Here Comes the Strikeout	<b>LVS, NMS, ECVS</b>
Komiako, L.....	Earl's Too cool for Me	<b>YQS</b>
Krauss, R.....	I'll Be You and You Be Me	<b>ECVS, EAMS</b>
Monson, A.M. ....	Wanted: Best Friend	<b>ECVS</b>
Reider, K.....	Snail Started it!	<b>NMS</b>
Snihura, U .....	I Miss Franklin P. Snuckles	<b>LIBRARY</b>
Stevenson, J. ....	The Worst person in the World	<b>LVS</b>
Turkle, B .....	Thy Friend, Obadiah	<b>ECVS</b>
Viorst, J.....	☆Rosie and Michael	<b>LIBRARY</b>
Waber, B. ....	Ira says Goodbye	<b>LIBRARY</b>
.....	☆Ira Sleeps Over	<b>LIBRARY</b>
White, E. B. ....	☆Charlotte's Web	<b>LIBRARY</b>
Whittman, S. ....	A Special Trade	<b>ECVS</b>
Zolotow, C.....	☆The Hating Book	<b>NMS, ECVS</b>
.....	It's Not Fair	<b>LVS, NMS</b>
.....	The Quarreling book	<b>LIBRARY</b>
.....	My Friend John	<b>NMS</b>

## Topic Bibliography for Primary Age Students

### **Books About MAKING NEW FRIENDS:**

Aliki .....	We Are Best Friends	<i>ECVS</i>
Cleary, B.B. ....	Henry and the Paper Route	<i>LIBRARY</i>
Cohen, M. ....	Will I Have A Friend?	<i>LIBRARY</i>
DeRegniers, B.S. ....	How Joe and Sam the Moose got Together	<i>ECVS</i>
Hariss, D.J. ....	The School Mouse	<i>LIBRARY</i>
Hurwitz, J. ....	Aldo Applesauce	<i>LVS, YQS</i>
Keats, E.J. ....	Apartment Three	<i>EVCS</i>
Krasilovsky, P. ....	The Shy Little Girl	<i>NMS, YQS</i>
Leedy, L. ....	How Humans Make Friends	<i>ECSS, NMS</i>
Minarik, E.H. ....	Little Bear's friend	<i>LIBRARY</i>
Robinson, N.K. ....	Wendy and the Bullies	<i>LIBRARY</i>
Stevenson, J. ....	Fast Friends	<i>YQS</i>
Udry, J.M. ....	What Mary Jo Shared	<i>NMS, YQS, ECVS</i>

### **Books About BEST FRIENDS:**

Bradenberg, A.L. ....	We Are Best Friends	<i>ECVS</i>
Burningham, J.M. ....	The Friend	<i>LVS</i>
Haas, D. ....	Poppy and the Outdoors Cat	<i>ECVS</i>
Hoban, R.C. ....	Best Friends for Frances	<i>LIBRARY</i>
Marshall, J. ....	George and Martha Rise and Shine	<i>LIBRARY</i>
Sharmat, M.W. ....	Burton and Dudley	<i>ECVS</i>
.....	Mitchell is Moving	<i>LIBRARY</i>
Zelonky, J. ....	My Best Friend Moved Away	<i>ECVS, LVS</i>
Zolotow, C.S. ....	It's Not Fair	<i>LVS, NMS</i>

### **Books About KEEPING FRIENDS:**

Carlson, N. ....	How to Lose All Your Friends	<i>LVS</i>
Stolz, M.S. ....	Maximilian's World	<i>ECVS</i>

### **Books About THE MEAINING OF FRIENDSHIP:**

Burton, VL. ....	Mike Mulligan and His Steam Shovel	<i>LIBRARY</i>
Clifton, L. ....	Three Wishes	<i>CVS</i>
Freeman, D. ....	Corduroy	<i>LIBRARY</i>
Hallinan, P.K. ....	That's What a Friend Is	<i>LIBRARY</i>
Hogan, P. ....	I hate Boys, I Hate Girls	<i>PCS</i>
.....	Sometimes I Get So Mad	<i>PCS</i>
Turkle, B. ....	Thy Friend, Obadiah	<i>VIC</i>

***Set Straight on Bullies.*** (1988). National School Safety Center, 4165 Thousand Oaks Boulevard, Suite 290, Westlake Village, CA 91362. . *ECVS, YQS*

An 18-minute video that presents the story of a young boy victimized by a bully. The video is designed to educate school staff and students that bullying is a problem that adversely effects everyone within a school environment if it is tolerated.

### **Videotapes and Films for Students**

**Broken Toy.** (1992). Summerhill Productions, 846 1/2 McIntire Avenue, Zanesville, OH 43701 **YQS**

A 25-minute video that depicts a number of realistic scenarios in the life of a 12-year old boy who is ridiculed and physically assaulted at school. Not only is the home life of the victim portrayed, but the main bully's family is also depicted. While the story builds empathy for the victim, the content is dramatic. The ending, however, restores hope. The goal of this video is to build awareness and compassion in the bullies by showing them how much emotional damage their behavior can cause. For grades 5 and up. Preview before using.

### **Books for Educators**

Borba, M. (1989).....**Esteem builders.** Rolling Hills Estates, CA: Jalmar Press. **PERC**

This self-esteem curriculum is designed for grades K-8, and presents specific ideas for improving student achievement and behavior as well as the overall school climate.