

North Memorial School Newsletter

School Pictures
October 1

School P.D. Day &
Grade Group Meetings
October 2
No Classes

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October, 2009

Code of Conduct

1. We treat the school and everyone in it with respect.
2. We come to school every day on time prepared to listen, learn, and complete all work.
3. We are a HANDS-OFF school.
4. We work together to make everyone in our school feel safe and happy.

Dedicated to the Pursuit of Excellence

SCHOOL NEWS

Welcome to North Memorial School – 2009-2010!

2009-2010 Teaching Staff

This year's teaching staff are as follows:

Kindergarten, grade 3 Science, grade 4 Social Studies & guided reading – Mrs. Paramor

Grade 1 – Ms. Tully

Grade 2– Ms. Shaver

Grade 3 and grade 2-6 Music – Mrs. Smith

Grade 4/5 and grade 4-6 French – Mrs. McCartney

Grade 5/6 – Ms. Phillips

K-6 Physical Education, grade 4 Science, grade 6 Social Studies – Mr. Borody

Resource/Counsellor – Mrs. Maly

Principal – Ms. Bell

Parents, please feel welcome to contact our staff at **857-4564** regarding questions or concerns. Parents are also welcome to make classroom visits at anytime.

Volunteers

Children love to have their parents at school. Parents in schools also reinforces the importance of education. If you are able to volunteer in the classroom, at our breakfast program, to make popcorn, go swimming or on field trips please contact your child's teacher or the office at 857-4564.

H1N1

North Memorial School has not had any reports of H1N1 in its student population to date. Parents however, are asked to remain diligent by:

- 1) keeping sick children at home.

- 2) encouraging frequent and thorough hand washing.
- 3) enforcing proper coughing and sneezing etiquette.

In response to this health alert North Memorial School has:

- 1) taught every student proper hand washing procedures.
- 2) taught students to cough and sneeze into the inside of their elbow.
- 3) encouraged students who are not well to stay home.
- 4) posted posters in hallways and classrooms regarding proper hand washing and cough procedures.
- 5) installed 5 new hand sanitizers throughout the school
- 6) sent home important information from the government regarding this flu.

For more information please see the Portage la Prairie School division website at www.plpsd.mb.ca

Breakfast Program

North Memorial School is pleased to once again be able to offer a breakfast program to its students. The program runs **Monday - Friday from 8:30 a.m.- 8:50 a.m.**. Students must be on time.

Students are fed cereal, milk, juice and toast.

Community members are important to this program. If you are able to volunteer please contact **Mrs. Seaman at 857-4564.**

Friendship Centre Visit

North Memorial School was pleased to have Ms. Betsy Kematch and Ms. Angela Roulette visit our grade 4-6 classes on Tuesday, September 22nd. Ms. Kematch explained the dangers of drugs, alcohol and smoking.

Ms. Roulette shared her story stick with students. The grade 4/5 class will be inviting Ms. Roulette back to North Memorial School to make their own story sticks.

Thank you to both women for their informative and enjoyable presentations.

Martial Arts

The Friendship Centre has offered to pay fees for aboriginal children to take part in this program at the mall. Fees will be paid until December.

For more information please contact **Brenda Smoke at 239-6333.**

Terry Fox Run

Thank you to all students and parents for their energetic run in memory of Terry Fox on September 25th.

A special thank you to those students who made a donation towards the fight for cancer.

North Memorial School raised **\$64.04.**

Change of Address or Phone Number

It is important that the school have up to date information so we are able to contact you in case of emergency.

Please contact the office at **857-4564** if you have had a change to either your address or phone number. Thank you.

Lunch Program

The school's expectation regarding lunch is that all children are to go home for lunch if there is an adult at home. Students whose parents work outside the home and are at work during the lunch hour are welcome to stay at school with adult supervision.

Students who stay for lunch must have filled in a lunch permission form complete with emergency contact phone numbers.

Periodically appointments will take parents away at lunch time. If this is the case please send a note in your child's agenda stating the reason and providing emergency contact numbers.

After School Art Program

This program will begin the **week of October 5th**. **Grade 1-3 students** will be invited to the program on **Tuesdays from 3:30 – 4:15 p.m.**. **Grade 4-6 students** are invited on **Thursdays from 3:30 – 4:15 p.m.**.

Permission slips are required and can be obtained from classroom teachers.

Course Outlines

Course outlines are available from classroom teachers upon request.

Cross Country Team

Daphne Cole, Calista Sainsbury, Kaylen Peters, Tori Roulette and Bernie Whitford are this year's members of the North Memorial School cross-country team. They have participated in one meet at Oakville School.

Mr. Borody was proud of the team's performance and sportsmanship. Two more meets will be held this fall. Encourage your grade 5 or 6 student to take part for fun and fitness.

Allergic Avoidance Strategies

The Portage la Prairie School Division strives to maintain a safe environment for all students in the division. As a result North Memorial School requests that food students bring to school be allergen free.

Your assistance is appreciated.

Asthma

If your child has asthma and uses an inhaler please ensure that the school has an inhaler as well as one at home.

Home and School Association

Parents are invited to become a member of North Memorial School's Home and School Association.

Meetings are held on average every second month.

The Home and School organizes several fund raiser throughout the year.

This is an opportunity for you to become involved in your child's school.

If you are interested please call **Ms. Bell at 857-4564**.

Library Hours

Our school library will be open until 4:00 p.m. on days 1, 3 and 5. Please encourage your children to stop at the library on their way home. Mrs. Lepischak, our library technician is very helpful. Parents are welcome to attend with their North Memorial School children.

COMMUNITY EVENTS



Junior Trojan Youth Basketball

Boys/Girls, Ages 5-13
West PCI Gym Sundays 6:00 – 7:00 p.m.
Mid-October to the end of February
Fee is \$75.00
Contact coach MacInnis at **857-6276**

Join the Portage Stampeders Special Olympics Team

Practices are held every **Tuesday evening from 7:00 p.m. to 8:00 p.m. in the Gym at Arthur Meighen School**. The first practice of the 2009-2010 season was held on Tuesday, September 22, 2009
Athletes with an intellectual disability will have the opportunity to develop new skills, train, compete and HAVE FUN!
If you would like more information or are interested in volunteering, please call **Cathy Holmes at 243-2068**.

Does your child seem anxious & worry a lot?
Does your child seem more withdrawn?
Does your child avoid social situations?

If you would like to learn more about Anxiety and how to support your child,
we invite you to join us on
October 8th at 7:00 p.m. at the PCS building.

Bruce Sielski from the Anxiety Disorders Association of Manitoba (ADAM) will be hosting an informal information evening specifically designed for parents of children who are struggling with anxiety.

If you are interested in attending, or would like further information,
please contact:
Brenda Foster - 857-6843 ext. 1607

