

PCI TEEN CLINIC

Take charge of your health...it's your choice!



To book an appointment :

Walk-In if PCI Teen Clinic door is open

Tuesday – Friday 8:00am – 3:30pm

TEXT or Call 204-870-0689 (Provide full name in text)

Or Call 204-857-6843 ext. 11609

AFM– Now located in the Prince Charles Building Library

Stop by or call main office to be transferred to an AFM counsellor

Rachel Wiebe Skouta	Tracy Ediger	Sacha Grimeau	Carly Gabler	Betty Ryzner-Madsen	Ann Marie MacIntyre	Laine Hill	Jackie Meulpolder
Nurse Practitioner	Public Health Nurse	Mental Health Counsellor	Dietitian	AFM Counsellor	AFM Counsellor	Mental Health & Addictions Nurse	Receptionist

Confidential Health Services Available at the PCI Teen Clinic:



Primary Care
(Nurse Practitioner - NP)

Illness/Injury/Infection
Testing On-Site (ex. STI)
Pregnancy Prevention/Management
Assessment and Referrals for
Mental Health/LGBTQ+ Care/
Dermatology/Other Specialists

2SLGBTQ+ Care
(Dr. Reitmeier, requires referral from family doctor or Teen Clinic NP)

Questioning
Sexual Health
Gender Identity Counseling
Trans Health

Public Health

Reproductive Health
Immunizations
Health Information
Prenatal Support
(Public Health currently unavailable onsite due to COVID. Will notify when services resume)



AFM

Personal Substance Use
Affected by the Substance Use of Others
Prevention education and parent Information program (PIP)
AFM office is located in the Prince Charles Building Library



Mental Health

Assessment
Treatment Options
Counseling Support
Drop in counseling 1 day per week, coming soon!



Dietitian

Dietary Questions/Concerns
Food Intolerances
Vitamin/Mineral Deficiency
Relationship with Food and Body
Healthy Lifestyle