

Appendix A: Trans and Gender Diverse Support Services

Schools in Manitoba are encouraged to work with other agencies and service providers to support trans and gender diverse students.

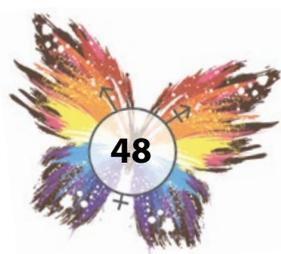
Support for trans and gender diverse children and youth and their families is available from the following support services in Manitoba.

Support Services in Manitoba	
FTM Gender Alliance of Winnipeg	<p>www.rainbowresourcecentre.org/programming/</p> <p>This is a peer support group for female-to-male (FTM) individuals. The group meets at the Rainbow Resource Centre, and is open to the general public.</p>
Gender Dysphoria Assessment and Action for Youth (GDAAY)	<p>www.gdaay.ca/</p> <p>GDAAY is a self-referral program that offers supportive services for transgender youth (under the age of 17 years) in Manitoba and area (northwestern Ontario and Saskatchewan). Its office is at the Health Sciences Centre, Winnipeg.</p>
Parents, Friends and Family of Trans Individuals (PFFOTI)	<p>www.rainbowresourcecentre.org/programming/</p> <p>PFFOTI is a social support group for parents, friends, and family members of transgender individuals. The group meets at the Rainbow Resource Centre, and is open to the general public.</p>
Rainbow Resource Centre	<p>www.rainbowresourcecentre.org/</p> <p>The Rainbow Resource Centre serves the gay, lesbian, bisexual, transgender, two-spirit, queer, and ally communities within Winnipeg, throughout Manitoba, and within northwestern Ontario. It provides a safe and non-judgmental space where trans and gender diverse children and youth can be themselves and explore their gender identity. There is no expectation to conform to any single trans identity or follow any particular path of transition.</p> <p>The centre provides counselling, anti-homophobia education and training, and youth programming and services. It also provides a meeting space for community groups and peer support groups, and offers community programming free/at low cost (e.g., book club, knitting club, art classes, yoga, tai chi, ballroom dancing). The centre hosts an extensive library that members can access with a library membership, featuring a collection of books, DVDs, journals, audio books, and magazines, all with LGBT2SQ+ themes.</p> <p>The centre works not only to provide a safe space to support the community, but also to act as a meeting place for community members to learn and come together. It operates from a place of support, harm reduction, and a belief in providing a positive space for healthy learning and growth.</p>



Support Services in Manitoba

<p>Sexuality Education Resource Centre (SERC) Manitoba</p>	<p>www.serc.mb.ca/lgbt/ www.serc.mb.ca/programs-and-services/lgbt-program/</p> <p>This community-based, non-profit, pro-choice organization is dedicated to promoting sexual health through education. The centre offers affirming and supportive programming for lesbian, gay, bisexual, trans, two-spirit, queer, questioning, intersex, and asexual (LGBT*) individuals and their families and friends in Manitoba.</p> <p>SERC has two Manitoba offices:</p> <ul style="list-style-type: none"> ■ SERC Winnipeg ■ SERC Brandon <p>SERC Brandon provides LGBT* community programming and supports in Brandon and western Manitoba, including LGBT* learning opportunities, community education workshops, information, counselling, and support.</p>
<p>Transgender Health Clinic, Klinik Community Health</p>	<p>http://klinik.mb.ca/health-care/specialized-services/transgender-health-clinic/</p> <p>One of the services provided by Klinik Community Health, Transgender Health Clinic is a trans-aware and trans-friendly agency “dedicated to providing specialized health services to transgender individuals who are unable to receive these services elsewhere.”</p>
<p>Two-Spirited People of Manitoba Inc.</p>	<p>www.twospiritmanitoba.ca/</p> <p>The mission of this organization is to improve the quality of life of two-spirited people in Manitoba. This includes “raising funds for and assisting in providing appropriate advocacy, education, health services, housing, employment training and cultural development.”</p>
<p>Winnipeg Transgender Support Group</p>	<p>http://winnipegtransgendergroup.com/</p> <p>This volunteer-run organization of transgender and intersex individuals has been active in Winnipeg since 1998. Its primary goal is “to offer peer support and information for anyone who wishes to explore issues of gender identity or transition in an affirming environment.” The group welcomes individuals of all ages, sexes, and cultural backgrounds to join them. There is no cost and no obligation. The group meets at the Rainbow Resource Centre, and is open to the general public.</p>



Information for trans and gender diverse children and youth and their families is available from the following Canadian and international support services.

Support Services in Canada	
Canadian Professional Association for Transgender Health (CPATH)	<p>www.cpath.ca/</p> <p>CPATH is the largest national professional organization for transgender health in the world. Their members are diverse, representing and identifying within the trans and gender diverse community—from medical students, to social workers, to psychologists. As an interdisciplinary, professional organization, CPATH works to further the understanding and health care of individuals with trans and gender diverse identities by professionals in medicine, psychology, law, social work, counselling, psychotherapy, family studies, sociology, anthropology, sexology, speech and voice therapy, and other related fields. CPATH strives to include representation from community support groups and trans and gender diverse identifying persons on committees and the board and as members at large.</p>
Gender Creative Kids/Enfants Transgenres Canada	<p>http://gendercreativekids.ca/about/</p> <p>This non-profit community organization was initiated by a group of parents and registered in Quebec in April, 2013. It offers support and advocacy parent groups, training to schools and other organizations, and workshops, and contributes to creating safe spaces for gender creative kids. The website provides resources for supporting and affirming gender creative kids within their families, schools, and communities. The sponsors of the website hope that by offering information and opportunities for connection between parents/guardians, educators, health and social service providers, researchers, activists, and children and youth across Canada, they will “contribute towards transforming our world into a safe, affirming, and joyful place for all children.”</p>
The Native Youth Sexual Health Network (NYSHN)	<p>www.nativeyouthsexualhealth.com/</p> <p>NYSHN is an organization led by and for Indigenous youth. It addresses a cross-section of issues ranging from sexual and reproductive health to rights and justice. The organization works throughout Canada and the United States.</p>
TransParent Canada	<p>www.transparentcanada.ca/</p> <p>TransParent Canada is an associate organization of the St. Catharines, Ontario, chapter of Parents, Friends, and Family of Lesbians and Gays (PFLAG) Canada. The website offers support to families and friends of trans or gender diverse identified individuals. The organization is open to all. Parents, siblings, co-workers, health care providers, members of the clergy, or anyone else who may know and wish to support a child, youth, or adult on their journey of transition may find the organization and its services helpful. TransParent Canada embraces human diversity and is a forum for affirmation, empowerment, and celebration.</p>



International Support Services

**World
Professional
Association for
Transgender
Health (WPATH)**

www.wpath.org/site_home.cfm/

This not-for-profit, interdisciplinary professional and educational organization is devoted to transgender health. WPATH's professional, supporting, and student members engage in clinical and academic research to develop evidence-based medicine and strive to promote a high quality of care for transsexual, transgender, and gender variant individuals internationally.

