



File IEE

RISK MANAGEMENT FOR OUT-OF-CLASS PHYSICAL ACTIVITY
GRADES 9 TO 12 PHYSICAL EDUCATION/HEALTH EDUCATION

Preamble

Pupils in grades 9, 10, 11 and 12 will be required to earn one physical activity credit for Physical Education in each year. Each credit shall consist of 110 hours of activity. A portion of those hours may be earned through approved out-of-school activities. In grade 9 and 10 the maximum number of out-of-class activity hours is 20 hours. In grades 11 and 12 a minimum of 25% of the total hours must be in class. Students who wish to receive credit for out of class activity may do so in accordance with this Policy and Administrative Regulation.

The Board recognizes the importance of risk management in promoting safe participation in physical activities. It also recognizes that the responsibility for the care and safety of students for the out-of-class delivery of Grades 9 to 12 Physical Education/Health Education (PE/HE) is shared by the home, school, parents/guardians, and community.

Rationale

As part of the Grades 9 to 12 PE/HE courses, students may participate in OUT-of-class physical activities to fulfill the practical requirements for these courses. Students may choose among a variety of OUT-of-class physical activities organized by Portage la Prairie School Division High School, which include intramural, and club activities or they may choose to participate in non-school-based activities (community- or independently based activities that are not directly organized by the High School or School Division, such as community sports, classes and clubs, and exercising at home). Although there is an inherent risk to all physical activities, the Board believes this risk can be significantly reduced when participants receive appropriate instruction and/or supervision and participate in an environment where rules and routines governing safety are taught and enforced. It is primarily the School Board and its employees that manage the risk and safety of school-based activities selected for OUT-of-class programming. Alternately, for non-school-based activities, safety and risk are managed independently from the school by students, parents/guardians, community members, and/or community organizations.

See also: IFO