



File JFF-R

## **PRECAUTIONS FOR STAFF & STUDENTS EXPOSED TO BLOOD/BODILY FLUID**

### **Disinfection of Soiled Objects and Surfaces**

Objects or surfaces which are visibly soiled with blood/bodily fluids (mucus, semen, urine, stool, vomit) of any persons, regardless of the type of infection, should be wiped clean with soap and water and then disinfected. A freshly prepared solution of RX15 in water (1 part RX15 to 9 parts water) is recommended as a disinfectant.

**The person doing the cleaning should wear double disposable gloves to avoid exposure of open sores and/or broken mucous membranes to blood/bodily fluids.** Disposable materials such as paper towels should be used. If a mop is used, it should be rinsed in disinfectant before being used again.

Clothing and linens visibly soiled with blood/bodily fluids should be rinsed in cold water and then washed in hot water and ordinary household laundry detergent. Disposable gloves should be worn by the person who is rinsing the clothes. All disposable articles soiled with blood/bodily fluids should be placed in a plastic bag, closed with a twist tie, and then placed in a regular garbage container.

The above deals only with objects and surfaces, the following deals with persons.

### **Administering First Aid - Preliminary First Aid**

Preliminary first aid should be administered. As soon as possible thereafter, all blood/bodily fluids should be washed off in hot soapy water. It should be emphasized that careful hand-washing is an effective and reliable precaution. Disposable gloves should be worn, if possible, to avoid exposure of open sores and/or broken mucous membranes. If blood/bodily fluids do come into contact with an open sore, it should be washed promptly.