PORTAGE LA PRAIRIE SCHOOL DIVISION

Section J: Students



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NUTRITION POLICY - GUIDELINES CHECKLIST

This Nutrition Guidelines Checklist is a resource that provides schools with focus areas to consider in planning and evaluation School Nutrition Policies.

Nutrition Guidelines that Support Divisional Policy	Implemented	Developing or Partially Implemented	Under Consideration	Not Yet Under Consideration	NOT VIABLE
Stakeholders (teachers,					
parents/guardians, students, RHA					
community nutritionist) will					
participate in school policy/guideline					
formation .					
Information regarding the school					
nutrition policy is communicated					
and/or available to all stakeholders.					
Other staff are offered information					
and resources to understand and					
promote the Policy and Guidelines.					
Students receive nutrition education					
that teaches the knowledge, skills,					
and attitudes that promote healthy					
eating (e.g. nutrition outcomes as					
outlined in the Kindergarten to					
Grade 12 Physical Education					
Manitoba Curriculum Framework of					
Outcomes for Active Healthy					
Lifestyles).					
Parents/guardians are provided with					
information and encouraged to					
support the Policy and Guidelines,					
Nutrition messages throughout the					
school are consistent with the Policy					
and Guidelines.					
Adults model and encourage healthy					
food choices.					
Staff make nutrition decisions that					
are in accordance with the Policy					
and Guidelines regarding any					
activity, event, or program.					
Nutritious foods are served or					
available at special events, class					
parties, field trips, etc.					
Students and staff are encouraged					ļ
to stay hydrated.					

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Nutrition Guidelines that Support Divisional Policy	Implemented	Developing or Partially Implemented	Under Consideration	Not Yet Under Consideration	NOT VIABLE
Students are encouraged to bring or purchase healthy snacks.					
Food items sold to raise funds for school/classroom activities are in					
accordance with the Policy and					
Guidelines when students and staff					
are involved.					
Eating areas have sufficient agating					
Eating areas have sufficient seating taking into consideration school					
configuration and available space.					
Hand washing before and after					
eating is encouraged. Healthy food choices are offered at					
a price that encourages their					
purchase.					
Food and beverages offered for					
sale, including vending machines, are in accordance with the Policy					
and Guidelines.					
Catering contracts with external food					
service companies are in					
accordance with the Policy and the Manitoba School Nutrition					
Handbook.					
After-school activities remain					
governed by the Policy and					
Guidelines and staff, students, and parents/guardians are encouraged					
to promote healthy and nutritious					
choices.					
Additional:					